



# SKIN CARE

We stock a selection of exclusive, high-performance product lines. Our expert staff can give you recommendations for the perfect products for your particular needs.

A medically based product that provides an advanced anti-aging solution. Formulated by a plastic surgeon originally to treat and heal severe burn wound victims, this treatment is fast becoming an industry trend. The combination of pure ingredients and extensive research produce a product which fights all the 7 signs of ageing. With Optiphi, less is more! An organic skincare range sourced from wild African plants that offer excellent free-radical protection. Esse is certified organic by Ecocert France, accredited by PhytoTrade Africa and supports the Fair Trade movement. The founders of Esse believe it's possible to be successful without compromising on ethics. A simple philosophy: "We do everything that we can to get our client's skin healthy and resistant to the ageing process. We take a long-term view on skin health and don't make sacrifices for short-term results." Biomedical Emporium® skin care products are formulated by a Biomedical Scientist to ensure safe, effective and high-quality skin care. All the Biomedical Emporium® products comprise of the very unique and explicit tertiary tissue-protective peptide technology synthesised by Dr Judey Pretorius. From basic peels to advanced microneedling, Biomedical can assist with all skin types and conditions from pigmentation, sunspots, acne and acne scaring, ice pick scaring, fine lines and wrinkles.



**SKNLOGIC** skincare





### φ optiphi

#### Chemical Peel | Glycolic

Glycolic Acid Peeling treatments improve skin tone and texture targets hyperpigmentation and premature aging and promotes true skin rejuvenation. 25% - AHA (Glycolic Acid) R 490



### MicroNeedling

This provides nutrition in the dermal – epidermal junction to enhance not only collagen production but increase cellular turnover to densify, rebuild and reconstruct impaired dermal layers. This can be performed for every skin type or condition. Face Only R 1100

### **Radiance Boost Facial**

This indulgent facial targets dullness and uneven skin tone. This is designed to deliver actives that exfoliate, brighten and protect the skin from further inflammatory pigmentation. 60 Minutes R 550

### Hydrate & Repair Facial

This indulgent facial targets signs of redness, irritation and breakouts in the skin. This is designed to deliver actives that soothe, nourish and bring balance. A truly unique skincare treatment. 60 Minutes R 650

### Chemical Peel | 30/30

Targets indicators of inflammation, sun damage, pigmentation and collagen synthesis. 30/30 - Glycolic & Ascorbic R 630

### Express Facial

This quick but effective facial helps to rejuvenate the skin. Excludes steam and extractions. 30 Minutes R 320

### Firming Peptides Facial

This indulgent facial targets signs of aging, sagging and lifelessness in the skin. This is designed to deliver actives that boost collagen and elastin synthesis and hydration in the skin. A truly unique skincare treatment with plumping results. 60 Minutes 8 590

HydraFacial

A HydraFacial is a patented skin treatment available in medical spas and dermatology offices. It's also sometimes called "hydradermabrasion" because it involves microdermabrasion-like exfoliation paired with hydrating serums.

Known for its three-step process, the HydraFacial works to deep-clean, exfoliate, and hydrate your skin. This professional procedure may help treat a variety of skin conditions, including acne, dryness, and wrinkles.

### SKN Logic HydraFacial 60 Minutes R 680

Optiphi Hydrafacial 60 Minutes R 950



heris



#### Chemical Peel | Glycolic

Improves pigmentation, skin health and molecular serum absorption. Glycolic R 510

#### Chemical Peel | Fire and Ice

Designed to rapidly and safely resurface the skin, this treatment involves the combination of warming and cooling sensations that will leave your skin feeling refreshed. 30 Minutes R 790



#### Chemical Peel | Layered

Ideal for hyper pigmentation, acne-scar / post-operative old scars or age related skin conditions. This treatment is concluded with the Biomedical Emporium Peptide Therapy to assure optimal skin densification and tissue restoration occurs as the healing phase is initiated. 30 Minutes From R 690

### Chemical Peel | Gluthathione

Glutathione is a powerful antioxidant that shows good results in brightening treatments. It gives the skin a radiant glow, tightens pores and improves hyperpigmentation. Studies have shown that Glutathione is also effective in fighting fine lines and wrinkles. 30 Minutes R 850

#### MicroNeedling

Collagen Induction Therapy. This immediately provides nutrition in the dermal – epidermal junction to enhance not only collagen production but increase cellular turnover to densify, rebuild and reconstruct impaired dermal layers. This can be performed for every skin type or condition.

#### Collagen R 1100

Gold Standard (Pure Retinoic Acid) R 1600

### **SKNLOGIC** skincare

### **Express Facial**

This quick but effective facial helps to rejuvenate the skin. Excludes steam and extractions. 30 Minutes R 230

### Brightening Facial

The Skin Brightening Facial Treatment naturally brightens the complexion of the client, providing a clear, magnificent glow. This service creates a fresher, healthier appearance by exfoliating dull surface cells, helping to minimize the appearance of dark circles and sun spots. The active ingredients in the products used will help treat and prevent cellular discoloration for an even complexion of all skin tones.

60 Minutes R 350

### Deep Cleanse

Designed for combination skin types. The full monty with a cleanse, tone, steam, extractions, mask and massage. 60 Minutes R 350

### DERMAPLANING

Dermaplaning R 270

Dermaplaning Facial 75 Minutes R 600

#### **Firming Facial**

A pamper treatment that includes four progressive steps that work in synergy to cleanse, hydrate, and revitalize, and firm the skin. Improves the appearance of lines and wrinkles, moisturizes and improves the skin's elasticity for a more radiant skin, and moisturizes and rejuvenates the look of the skin. 60 Minutes

R 350





### IV INFUSIONS

### Auto-Immune Support IV Infusion

Designed for anyone suffering from any Auto-Immune condition to combat fatigue, improve mood, increase immune support, help sleep and reduce stress and anxiety. R 950

### Energise IV Infusion

Packed full of all the Vitamin B's to restore energy, support the functioning of the Immune System and increase sporting performance. R 950

### Skin Lightening IV Infusion

Restore your youthful glow with this skin brightening infusion. Helps to reduce pigmentation for an even skin tone. R 950

### Supercharge IV Infusion

Feeling Flat? Boost your energy, immune system and performance while detoxing and rehydrating from within. R 950

### mmune Booster IV Infusion

This combination helps give back so your body's immune system functions optimally . R 950

### Fertility IV Infusion

Enhances fertility by improving the quality of the egg and sperm. This increases the chances of a healthy pregnancy. R 950





### LASHES

Eyelash extensions are semi-permanent lashes that are hand-glued on top of your natural lashes.

Classic Lashes Full Set 120 Minutes R 530 Volume or Hybrid Lashes Full Set 120 Minutes R 630

Lashes – Week 1 Fill 60 Minutes R 190 Lashes – Week 1 Fill 60 Minutes R 230

Lashes – Week 2 Fill 60 Minutes R 210 Lashes – Week 2 Fill 60 Minutes R 265

Lashes – Week 3 Fill 60 Minutes R 265 Lashes – Week 3 Fill 60 Minutes R 315

Lash Lift and Tint 60 Minutes R 370

Eyebrow Tint 30 Minutes R 75 Eyelash Tint 30 Minutes R 100

Eyebrow Wax and Tint 120 Minutes R 135



### HAIR REMOVAL

Everyone has body hair, but depending on the time of year or your personal preferences, you may want to remove some of it.

Lip / Chin / Brow / Nose / Ear Threading R 80 Waxing R 70 Sugaring R 85

Full Face (incl Brow, Lip, Chin) Threading R 265 Waxing R 230 Sugaring R 275

Full Arm Waxing R 170 Sugaring R 190

Chest Waxing R 180 Sugaring R 190

Back Waxing R 185 Sugaring R 195

Full Bikini (Ladies) Waxing R 220

Hollywood (Ladies) Waxing R295 Side of Face Threading R 95 Waxing R 90 Sugaring R 105

Underarm Waxing R 100 Sugaring R 110

Forearm Waxing R 120 Sugaring R 150

Tummy Waxing R 115 Sugaring R 125

Bikini (Sides Only) Waxing R 130

Half Leg Waxing R 170 Sugaring R 190

Full Leg Waxing R 230 Sugaring R 240

3/4 Leg Waxing R 195 Sugaring R 210

### LASER

Full Bikini (Ladies)

Hollywood (Ladies)

Laser R 525

Laser R 735

Half Leg

Laser R 420

Side of Face

Laser R 265

Diode lasers use a single wavelength of light that has a high abruption rate in melanin. As the melanin heats up it destroys the root and blood flow to the follicle disabling the hair growth permanently.Diode lasers deliver high frequency, low fluence pulses and can be safely used on all skin types.

Lip / Chin / Brow / Nose / Ear	Underarm
Laser R 125	Laser R 210
Full Face (incl Brow, Lip, Chin)	Forearm
Laser R 420	Laser R 265
Full Arm	Tummy
Laser R 475	Laser R 370
Chest	Bikini (Sides Only)
Laser R 420	Laser R 265
Back	Full Bikini (Men)
Laser R 630	Laser R 525

Hollywood (Men) Laser R 735

> Full Leg Laser R 820

Full Body Laser R 2250

Che<u>ris</u>h

### NAIL CARE

Regular, professional nail care ensures that your nails stay strong so they can do the job.

The central reason for booking a manicure and pedicure appointment with a professional manicurist is to change, enhance, or maintain the look of your nails. There are many different options when it comes to personalizing the aesthetic of your fingernails and/or toenails.

Acrylic Overlay

Acrylic Overlay Ombré /French

Acrylic Fill Ombré /French

Natural / Gel

R 350

R 365

R 350

### ACRYLIC

Acrylic Tips French / Natural / Gel R 420

2

 $\triangleleft$ 

4

Ζ

Acrylic Tips Ombré R 440

Acrylic Fill Natural / Gel R 325

Acrylic Per Tip R 30

Acrylic Soak Off Only R 120

Acrylic Soak Off With Reapplication R 60

### GEL NAILS

Gelish Soak Off Only R 60

Gelish Soak Off With Reapplication R 30

Gelish Application | Lola Lee / Gelish Hands OR Feet R 230

#### Gel Application | BioSculpture Hands OR Feet

R 270

Soft Tips Gel Overlays R 400

Nail Art Stamps, Stickers, Gems Per Finger R 10 Free Hand Art - Basic Per Finger R 10

Free Hand Art – Advanced Per Finger R 15

Polygel Overlay French / Natural / Gel R 340



BEAUTY PRODUCTS







### HAND AND FOOT CARE

Manicure

Express Manicure R 150 Great for those on the go, this is a basic mani which includes a Soak, Cuticle Work, Nail Work + Paint. Express Mani without Paint R 120

### Manicure

Little Princess (Under 12) R 120

Little Princess with Gelish R 150

### Manicure

Deluxe Manicure R 220 This is the total pampering treatment including a Soak, Scrub, Cuticle Work Nail Work, Massage + Paint.

Deluxe Mani without Paint 45 min R 200

Deluxe Mani with Parrafin R 265

Deluxe Mani with Gelish R 315

#### Pedicure

Express Pedicure R 170 Great for those on the go, this is a basic pedi which includes a Soak, Cuticle Work, Nail Work + Paint.

Express Pedi without Paint R 150

Pedicure Deluxe Pedicure R 290 This is the total pampering treatment including a Soak, Scrub, Foot File, Cuticle Work, Nail Work, Massage + Paint.

Deluxe Pedi without paint 45 min R 260

Deluxe Pedi with Parrafin 75 min R 330

Deluxe Pedi with Gelish 75 min R 380

Add Gel R95



### MASSAGE THERAPY

Swedish Full Body 45 min | 60 min | 90 min R 300 | R 350 | R 400

#### Swedish Full Body (Couples) 60 min R 660

Aromatherapy Back & Neck 45 min R 350

Deep Tissue Back & Neck 45 min R 350

Indian Head Massage 30 min R 170

Swedish Back & Neck 30 min | 45 min R 200 | R 280 Aromatherapy Full Body 45 min | 60 min | 90 min R 380 | R 400 | R 450

Deep Tissue Full Body 60 min | 90 min R 400 | R 450

Hot Stone Full Body 60 min | 90 min R 400 | R 450 Foot Massage Hand Massage Shoulder Massage Scalp Massage 30 min R 130

Hot Stone Back 45 min R 350

### Pamper Days

#### Pamper Day

Hot stone full body massage, deluxe manicure, deluxe pedicure and a deep cleanse facial with Tea/Coffee and Muffin. 4hr 30 min R 1200

### Mini Pamper Day

Express facial, express manicure, express pedicure, Swedish back & neck massage with Tea/Coffee and Muffin. 2hr 30 min R 700



### WEIGHT LOSS

### Why choose HIEMT PRO?

EMS Body Contouring High Intensity Pulsed Electromagnetic (HiPEM) technology for body slimmina, firmina

and fat burning. EMS Body Contouring builds muscle and burns fat at the same time Electromagnetic pulses induce supra-maximal muscle contractions which force muscle tissue to adapt, leading to an increase in muscle growth while burning fat through lipolysis.

#### How does it work?

Using HI-EMT (High Energy Focused Electromagnetic WaveTechnology) to continuously expand and contract autologous muscles and carry out extreme training to deeply reshape the internal structure of the muscle, that is, the growth or muscle fibrils (muscle enlargement) and produce new protein chains and muscle fibres (muscle hyperplasia), so as to train an increase muscle density and volume. The 100% extreme muscle contraction of HI-EMT technology can trigger a large amount of fat decomposition, fatty acids are broken down from triglycerides and accumulated in fat cells. The concentrations of fatty acids are too high ,causing the fat cells to apoptosis, which is excreted by the body's normal metabolism within a few weeks therefore strengthening and increasing muscle, and reduce fat at the same time.

In the 30-minute course of treatment, the muscles contract 20,000 times with high frequency and high intensity. This type of muscle contraction phenomenon cannot be achieved in general exercise! Extreme muscle contraction requires a large amount of energy supply, so the fat cells next to the muscle are also consumed, leading to natural apoptosis and effectively reducing fat thickness

R 250 Per Session R 1500 For 6 Sessions

### INTIMATE AREA TREATMENTS

A vajacial is a treatment that prevents ingrown, provides radiance and brightens the skin, reducing pigmentation and scarring. It is a facial for vour intimate area.

### Vaiacial

HIEMTPRO

Cleanse Exfoliate Steam Extractions 45 Minutes R 650

#### Cleanse Exfoliate Steam Extractions Masque Mirconeedling with Complexion Peel 45 Minutes

### Under Arm Lightening

R 900

**BioMedical Vajacial** 

Biomedical Under Arm lightening Cleanse Condition Complexion Peel Microneedlina

Cherist

### Address

Super Spar Complex 30 Church Road 3630 Westville, South Africa.

### Contact

Tel: 031 266 3461 Cel: 083 793 5616

# Email info@cherishyourself.co.za

### Website

www.cherishyourself.co.za

## Instagram cherishheartofskincare

Facebook Cherish - The Heart of Skincare

